

Values Checklist

Instructions:

1. Check your top 25 values;
2. Of those, circle your top ten;
3. From those choose your top three;
4. If you had to choose, which of those is most important?

Abundance		Charm		Directness		Fluency	
Acceptance		Chastity		Discipline		Focus	
Accessibility		Cheerfulness		Discovery		Fortitude	
Accomplishment		Clarity		Discretion		Frankness	
Accuracy		Cleanliness		Diversity		Freedom	
Achievement		Clear-mindedness		Dominance		Friendliness	
Acknowledgement		Cleverness		Dreaming		Frugality	
Activeness		Closeness		Drive		Fun	
Adaptability		Comfort		Duty		Gallantry	
Adoration		Commitment		Dynamism		Generosity	
Adroitness		Compassion		Eagerness		Gentility	
Adventure		Completion		Economy		Giving	
Affection		Composure		Ecstasy		Grace	
Affluence		Concentration		Education		Gratitude	
Aggressiveness		Confidence		Effectiveness		Gregariousness	
Agility		Conformity		Efficiency		Growth	
Alertness		Congruency		Elation		Guidance	
Altruism		Connection		Elegance		Happiness	
Ambition		Consciousness		Empathy		Harmony	
Amusement		Consistency		Encouragement		Health	
Anticipation		Contentment		Endurance		Heart	
Appreciation		Continuity		Energy		Helpfulness	
Approachability		Contribution		Enjoyment		Heroism	
Articulacy		Control		Entertainment		Holiness	
Assertiveness		Conviction		Enthusiasm		Honesty	
Assurance		Conviviality		Excellence		Honor	
Attentiveness		Coolness		Excitement		Hopefulness	
Attractiveness		Cooperation		Exhilaration		Hospitality	
Audacity		Cordiality		Expectancy		Humility	
Availability		Correctness		Expediency		Humor	
Awareness		Courage		Experience		Hygiene	
Awe		Courtesy		Expertise		Imagination	
Balance		Craftiness		Exploration		Impact	
Beauty		Creativity		Expressiveness		Impartiality	
Being the best		Credibility		Extravagance		Independence	
Belonging		Cunning		Extroversion		Industry	
Benevolence		Curiosity		Exuberance		Ingenuity	
Bliss		Daring		Fairness		Inquisitiveness	
Boldness		Decisiveness		Faith		Insightfulness	
Bravery		Decorum		Fame		Inspiration	
Brilliance		Deference		Family		Integrity	
Buoyancy		Delight		Fascination		Intelligence	
Calmness		Dependability		Fashion		Intensity	
Camaraderie		Depth		Fearlessness		Intimacy	
Candor		Desire		Ferocity		Intrepidness	
Capability		Determination		Fidelity		Introversion	
Care		Devotion		Fierceness		Intuition	
Carefulness		Devoutness		Financial independence		Intuitiveness	
Celebrity		Dexterity		Firmness		Inventiveness	

Certainty		Dignity		Fitness		Investing	
Challenge		Diligence		Flexibility		Joy	
Charity		Direction		Flow		Judiciousness	
Justice		Philanthropy		Self-control		Unity	
Keeness		Piety		Selflessness		Usefulness	
Kindness		Playfulness		Self-reliance		Utility	
Knowledge		Perseverance		Sensitivity		Valor	
Leadership		Persistence		Sensuality		Variety	
Learning		Persuasiveness		Serenity		Victory	
Liberation		Pleasantness		Service		Vigor	
Liberty		Pleasure		Sexuality		Virtue	
Liveliness		Poise		Sharing		Vision	
Logic		Polish		Shrewdness		Vitality	
Longevity		Popularity		Significance		Vivacity	
Love		Potency		Silence		Warmth	
Loyalty		Power		Silliness		Watchfulness	
Majesty		Practicality		Simplicity		Wealth	
Making a difference		Pragmatism		Sincerity		Willfulness	
Mastery		Precision		Skillfulness		Willingness	
Maturity		Preparedness		Solidarity		Winning	
Meekness		Presence		Solitude		Wisdom	
Mellowness		Privacy		Soundness		Wittiness	
Meticulousness		Proactivity		Speed		Wonder	
Mindfulness		Professionalism		Spirit		Youthfulness	
Modesty		Prosperity		Spirituality		Zeal	
Motivation		Prudence		Spontaneity			
Mysteriousness		Punctuality		Spunk		ADD YOUR OWN	
Neatness		Purity		Stability			
Nerve		Realism		Stealth			
Obedience		Reason		Stillness			
Open-mindedness		Reasonableness		Strength			
Openness		Recognition		Structure			
Optimism		Recreation		Success			
Order		Refinement		Support			
Organization		Reflection		Surprise			
Originality		Relaxation		Sympathy			
Outlandishness		Reliability		Synergy			
Outrageousness		Religiousness		Teamwork		YOUR TOP 3	
Passion		Resilience		Temperance			
Peace		Resolution		Thankfulness			
Perceptiveness		Resolve		Thoroughness			
Perfection		Resourcefulness		Thoughtfulness			
		Respect		Thrift			
		Rest		Tidiness			
		Restraint		Timeliness			
		Reverence		Traditionalism			
		Richness		Tranquility			
		Rigor		Transcendence			
		Sacredness		Trust			
		Sacrifice		Trustworthiness			
		Sagacity		Truth			
		Saintliness		Understanding			
		Satisfaction		Unflappability			
		Security		Uniqueness			